



# *Generativity: Energizing the Life of the Therapist*


---

## *American Academy of Psychotherapists 55<sup>th</sup> Annual Institute and Conference*

Chair: Ann Spadone Jacobson, PhD  
Program: Pam Finnerty, PhD & Judy Lazarus, MSW

Generativity is the stage of middle adult life, coined by Eric Erikson, which describes the time of “coming into one’s own” as we care for others and produce meaningful work that contributes to the betterment of our communities.

Psychotherapy is generative in its intent. It produces new life in both the therapist and the client. As we practice in a world of shifting paradigms, how do we generate energy for our work, our own lives, and the lives of those with whom we work? How do we foster dreams and replenish our bodies, minds, and spirits? How do we nurture successive generations of therapists?



Our keynote speaker is **George Vaillant, MD**, a psychoanalyst and research psychiatrist, one of the pioneers in the study of adult development. He is a professor at Harvard University and directed Harvard’s Study of Adult Development for thirty-five years. His most recent work is “Spiritual Evolution: A Scientific Defense of Faith”. His 1977 book, “Adaptation to Life” is a classic text in the study of adult development.

A distinguished panel of senior clinicians will share stories of their generative lives as therapists. We will offer a broad array of enlivening workshops as well. For more information about the 2010 Institute and Conference, please visit our website at [www.aapweb.com](http://www.aapweb.com).

---

*November 3 - 7, 2010  
Baltimore, Maryland*

**JOIN US at the fabulous  
Marriott Inner Harbor  
at Camden Yards!**

